tte the training effect

ECVYS Council for Voluntary Youth Services Essex

RESPONDING TO YOUNG PEOPLE'S RISKY BEHAVIOURS



TRAINING FOR THE YOUTH VOLUNTARY SECTOR

Explore why young people take risks and how we can support them to make safer, healthier decisions.

THE TRAINING WILL EXPLORE:

ADOLESCENT DEVELOPMENT
How the developing brain affects risk and decision-making.

BEYOND INFORMATION
Why facts and warnings alone rarely change behaviour.

SOCIAL INFLUENCES
How peers, relationships and social pressures shape choices.

EMOTIONS & NEEDS
The feelings, motivations and needs behind behaviour.

PRACTICAL MODELS
Approaches that support reflection and safer decisions.

FOR: **Volunteers and employed staff** working with young people

APPLIES TO: Vaping • Substance use • Online safety • Exploitation • Healthy relationships

YOUR PRACTICAL TOOLKIT

REAL-WORLD APPROACHES
Use practical models, discussion and relatable examples.

CONFIDENT RESPONSES
Respond constructively to risky behaviour.

TRANSFERABLE TOOLS
Apply the learning across a wide range of youth issues.

SUPPORTING SAFER, HEALTHIER DECISIONS

LOCATION
Galleywood Youth Centre

DATE
11 November

TWO SESSIONS
3–5pm or 6.30–8.30pm

BOOK YOUR PLACE: https://forms.gle/C94vrXeDNjEHp4xx8

Places will be prioritised for ECVYS member organisations.
Places are free. A £20 charge applies for non-attendance or cancellation less than 24 hours before the course.